

March 2016

The Advocate

The Wichita Area Sexual Assault Center Newsletter

Male Sexual Assault

Samantha Reyes

Outreach Advocate

Sexual violence affects both men and women of all ages. When we take a closer look at the ways males are affected, we see many face unique barriers to disclosing a sexual assault. Media often portrays a stereotypical rape, with the perpetrator always being male and victim always being female. This can leave people misinformed on what the reality of rape is.

Rape doesn't fall into just one description. We can't ignore the fact that woman can also be perpetrators. It is estimated that 10% of perpetrators of sexual violence are women. Often, people believe that rape requires physical force, where a person must physically overpower the other in order to assault them. In reality, most sexual assaults have an element of coercion, involving drugs and alcohol, and/or manipulation. These things don't equal consent.

There are also common myths or beliefs that misrepresent men. For example, the belief that "men want sex 24/7" and if they don't,



something must be wrong with them. This false notion of masculinity creates barriers for male survivors who may want to come forward. Male survivors may think no one will believe them or will question their masculinity.

As an outreach advocate, I provide sexual violence education programs in the community. In my experience of working with men, many have shared instances when they were accused of being unfaithful or had their sexual orientation questioned, simply because they didn't want to have sex with their significant other. Everyone has the right to say no, and not have any negative repercussions, including men.

Find us on Facebook
Visit us at www.wichitasac.com



Wichita Area Sexual Assault Center

Similar to all survivors of sexual assault, men often disclose feelings of shame, pride, embarrassment, and confusion as reasons they don't come forward or report a sexual assault. Male survivors have also shared they don't want others to see them as "less of a man", because of what happened to them. Other male survivors report being confused about their body's physical reaction. It's important to understand that arousal is fairly common during a sexual assault. It doesn't mean that the person wanted it or consented. All survivors of sexual assault have the right to be heard and taken seriously.

In March, we will continue the discussion of men and sexual violence. If you are working with a male survivor or would like more information, please contact us at 316-263-0185.

The Wichita Area Sexual Assault Center provides free and confidential services to all survivors of sexual assault.



SUPPORT FOR MEN
AND THOSE WHO CARE ABOUT THEM

WASAC Calendar of Events

March 16: 6:00-8:00 p.m.
Protective Parenting Program
(court approved)
see attachment

March 25: 6:00-10:00 p.m.
Creative Showcase
Eliminating Rape Culture
see attachment

March 29: 12:00-1:00 p.m.
WASAC Lunch and Learn
Sexual Violence against
Men and Boys

Free & Confidential
Call us today for more
information 316-263-0185.

2016 Lunch and Learn

Sexual Violence against Men and Boys

In March, we will discuss unique barriers that male survivors of sexual abuse may encounter. We will review myths of male sexual assault and talk about common risk factors men may face. The goal of the session will be to learn and to recognize the many different faces of sexual violence and how it can impact survivors differently. Additionally, we will talk about how to be supportive of male survivors.

Target audience: all community members – parents, teachers, social workers, law enforcement, advocates, students. Appropriate for ages 13+.

Hosted by: Samantha Reyes, Outreach Advocate
Location: 355 N Waco, Suite 100, 67202



CREATIVE SHOWCASE

ELIMINATING RAPE CULTURE

2016

"WICHITA AREA SEXUAL ASSAULT CENTER WORKS WITH INDIVIDUALS AND COMMUNITIES THROUGH COMPREHENSIVE SERVICES AND EDUCATION TO CREATE A CULTURE OF INTOLERANCE FOR SEXUAL VIOLENCE AND AN ATMOSPHERE OF HEALING FOR THOSE IMPACTED BY IT."

OPEN
TO ALL

LIVE PERFORMANCES,
ART, PHOTO BOOTH AND
CASH BAR.

WHERE

THE JONES GALLERY AT
POSITIVE DIRECTIONS
414 S. COMMERCE
WICHITA, KS 67202

WHEN

FINAL FRIDAY, MARCH 25
6:00PM TO 10:00PM



Wichita Area Sexual Assault Center

2016



Free and open to all! No RSVP required.

Bring your lunch and join us from 12-1 p.m. on the last Tuesday of each month to learn more about the reality of sexual violence in our community.

January 26	Supporting Disclosures
February 23	Rape in Detention: It's not the penalty
March 29	Sexual Violence against Men and Boys
April 26	What is Rape Culture?
May 31	Sexual Violence in the Latino Population
June 28	LGB-What?: The underrepresented letters within a marginalized acronym
July 26	Trauma-Informed Services
August 30	Sexual Violence against People with Disabilities
September 27	Risk and Benefits of Protection Orders
October 25	Sexual and Domestic Violence: Connections
November 29	Navigating the Criminal Justice System
December 27	Practicing Self Care While Caring for Others

All WASAC Lunch & Learn sessions are held at our office at 355 N Waco, Suite 100. For more information, call (316) 263-0185 or visit us online at www.wichitasac.com.

Call us: 316.263.0185
355 N. Waco, Suite 100
Wichita, Kansas 67202

Protective Parenting



Wichita Area Sexual Assault Center

Court-approved free parenting classes

3rd Wednesday of every month

6:00 p.m. – 8:00 p.m.



2016 Dates

January 20	February 17
March 16	April 20
May 18	June 15
July 20	August 17
September 21	October 19
November 16	December 21

Free and Confidential

Protective Parenting Program: Court-approved class. The program is geared toward parents, caregivers or any adult who is interested in learning more about child sexual abuse. The information will include: myths and definitions of child sexual abuse, behavioral and physical indicators of sexual abuse, how to talk with various ages of youth about personal body safety, long-term risks of sexual abuse, how to respond to a disclosure of abuse, community resources and much more. Certificate of attendance will be provided for participants.

Please note: Above dates are English language. Spanish programming is also available. Contact wendy@wichitasac.com

For more information contact: perla@wichitasac.com www.wichitasac.com 24/7 Hotline: 316.263.3002

Gain Experience and Skills While Helping Survivors of Sexual Violence



Become a Volunteer Advocate!

We need volunteers! Our volunteers are extremely important and help us provide critical services to survivors of sexual violence. Our volunteer advocates take shifts on the 24-hour crisis hotline and are available to accompany survivors to hospital exams and police interviews providing emotional support and advocacy. Our new advocate training provides intensive education on the psychological, medical and legal implications of sexual assault, as well as other forms of oppression and how they interconnect in the lives of survivors. Crisis intervention and counseling skills are developed through a series of presentations, discussion, and role playing. During this 40-hour training, WASAC and community partners team up to provide a detailed synopsis of the demand for sexual assault advocacy in Sedgwick County.

After completing the application and screening process, our volunteers are required to attend 1 orientation, the 40-hour training session and complete 2 buddy shifts.

**Volunteers are asked to commit for a minimum of 1 year and sign up for 2 shifts each month.
Volunteers must be 21 years of age.

Upcoming 40-Hour Training Schedule:

When: May 11th-June 2nd, 2016

Evening and Weekend Sessions

Where: 355 N. Waco, Suite 100

For more information, contact Amy at 263-0185 or amy@wichitasac.com
You can also find our volunteer application online at <http://wichitasac.com/volunteer/>



Wichita Area Sexual Assault Center



Wichita Area Sexual Assault Center

Teen girls (age 13-17)

- Support group
Monday, 5:30 - 6:30 pm
- Trauma-sensitive yoga
Monday, 6:30 - 7:30 pm

Parents and caregivers

- Support group
Monday, 6:45 - 7:30 pm

Adult women (age 18+)

- Support group
Tuesday, 5:30 - 6:30 pm
- Trauma-sensitive yoga
Tuesday, 6:30 - 7:30 pm

WASAC also offers short-term individual therapy for men, women, and children.

To schedule an appointment, please call our office between 8:30 am and 5:00 pm.

WASAC support groups are confidential, free, and open to survivors at any point in their healing. All groups meet weekly and are open-ended, with no appointment necessary to participate. At this time, child care is not available.

WASAC office

355 N Waco,
Suite 100

SW corner of 3rd/Waco

316-263-0185