



Book & Video Recommendations

FOR GENERAL
EDUCATION ON SEXUAL
VIOLENCE

These books and videos have all been read, reviewed, and discussed by advocates on our team. We hope they can provide helpful perspectives for various aspects of sexual violence in our communities.



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If you have ideas for this list or recommendations you would like us to consider, please email advocate@wichitasac.com

Books

We Believe You: Survivors of Campus Sexual Assault Speak Out by Annie Clark

"We Believe You" is a great compilation of campus sexual assault survivor stories. It allows the reader to tap into the personal experiences of survivors from all gender identities, races, religious backgrounds and sexual orientations. One focal point of this book are the responses from the colleges or universities if/when survivors chose to report and the consequences for the perpetrator or lack thereof. This book also provides ideas for how some activists, survivors and allies are working to bring more awareness to just how prevalent sexual assaults really are on college campuses and universities.

Stop Telling Women to Smile by Tatyana Fazlalizadeh

Fazlalizadeh addresses the prevalence of street harassment and explores how women experience this constant form of harassment. A critical component of this book is the recognition of how women of color are affected by harassment and violence. The inspiration behind this book comes from the author's 2012 street art series titled "Stop Telling Women to Smile" featuring drawings of women captioned with words that speak directly to street harassers on posters hung throughout a city.

Not that Bad: Dispatches from Rape Culture by Roxane Gay

This book is an excellent resource for anyone that is interested in firsthand accounts of women's experiences of different forms of sexual violence. This collection of essays helps illustrate how rape culture discredits women's experiences and makes us think it's *not that bad*.

Asking for It by Kate Harding

Harding uses a mixture of research and personal stories from survivors, along with a healthy dose of snark, to educate readers about sexual violence and rape culture. While the topic is serious, the author's dark humor and sarcasm make it easy to relate to and even more powerful.

Missoula by Jon Krakauer

Krakauer comprehensively chronicles the experiences of several women in Missoula — the nights when they were raped; their fear and self-doubt in the aftermath; the way they were treated throughout the criminal justice system; the public vilification and private anguish; and their bravery in pushing forward. This book gives the reader a better understanding of the challenges survivors face while navigating the judicial system and the rape culture that influences the outcome of many cases.



At the Dark End of the Street by Danielle McGuire

Danielle McGuire recounts the rape of Recy Taylor, a twenty-four-year-old mother and sharecropper, in 1944 in the town of Abbeville, Alabama, at the hands of seven white men. This book provides insight to how the civil rights movement began as part protest against the rape of black women by white men who used their privilege, sexual violence and fear to impede the freedom movement, and how those atrocities went unpunished during the Jim Crow era.

Know My Name by Chanel Miller

Before Chanel Miller's identity was made public, she was known as Emily Doe in the 2016 Stanford Case against Brock Turner. In this memoir, she claims her identity publicly for the first time. This book is an honest and beautifully written account of her life and serves as a powerful testament to the impact of trauma.

Unbelievable (previously published as A False Report: A True Story of Rape in America) by T. Christian Miller and Ken Armstrong

A true story of a serial rapist in America and a shocking and all-too-common portrayal of how rape myths and doubting victim's testimony in our culture can impact investigations and a survivor's experience in seeking safety, validation, and justice.

The Boy Who Was Raised as a Dog: And Other Stories from a Child Psychiatrist's Notebook - What Traumatized Children Can Teach Us About Loss, Love, and Healing by Dr. Bruce Perry

In this classic of developmental psychology, Dr. Perry explains what happens to the brains of children exposed to extreme stress, examines the effect that trauma can have on a child, reveals how PTSD impacts the developing mind, and outlines the path to recovery; while sharing their lessons of courage, humanity, and hope.

The Anatomy of Silence (multiple authors) edited by Cyra Perry Dougherty

This book is an anthology of 26 voices speaking out, some for the first time, about staying silent and what it means to break that silence around sexual violence. Each voice speaks about the survivor's experience of silence before #MeToo and the courage to break the silence after.

I Never Called it Rape by Robin Warshaw.

"I Never Called It Rape", truly is a great resource for those looking to better understand the complex dynamics of acquaintance rape. Warshaw provides the whole picture from survivor stories, to a step by step process of how to support someone who discloses. It also takes a look at how acquaintance rape is often viewed by people in society, law enforcement, the criminal justice system and college/university officials.

Videos & Podcasts

The Neurobiology of Sexual Assault by Rebecca Campbell <https://nij.ojp.gov/media/video/24056>
WASAC recommends the first 45 minutes of this webinar to give a well-rounded explanation of how our brains respond to trauma. A must-watch for anyone working with survivors of sexual assault. The webinar will mesh research from the neurobiology of trauma, how it shows up in victim's behavior and response, and how the criminal justice system interprets that response.

Confessions of a Bad Feminist TED Talk by Roxane Gay

https://www.ted.com/talks/roxane_gay_confessions_of_a_bad_feminist?language=en

When writer Roxane Gay called herself a "bad feminist", she was making a joke, acknowledging that she couldn't possibly live up to the demands for perfection of the feminist movement. But she's realized that the joke rang hollow. In a thoughtful and provocative talk, she asks us to embrace all flavors of feminism -- and make the small choices that might lead to actual change.

Violence Against Women- It's a Men's Issue TED Talk by Jackson Katz

https://www.ted.com/talks/jackson_katz_violence_against_women_it_s_a_men_s_issue/discussion

A great video for anyone that is interested in learning about toxic masculinity. Jackson Katz does a great job of identifying how men should be a part of the solution in much bigger numbers than they already are.

A Call to Men TED Talk by Tony Porter

https://www.ted.com/talks/tony_porter_a_call_to_men/transcript?language=en

Tony Porter is an internationally recognized author, educator and activist. Through his candid and vulnerable stories about his own childhood and initiations into "manhood," he speaks to a larger cultural phenomenon about masculinity, how we raise boys in America, and how this often translates into violence against women and girls.

Roll, Red, Roll

A documentary that tells the story of the notorious Steubenville, Ohio, high school sexual assault case. Through law enforcement interviews, media coverage, and the role of social media, we see a clear picture of how rape culture thrives in communities where athletes are glorified. This film has been used as an educational tool and opportunity to begin conversations about masculinity and rape culture. Available on YouTube and Netflix.

Tea & Consent <https://www.youtube.com/watch?v=oQbei5JGiT8>

A short video that explains sexual consent using the serving of tea as a metaphor. This is a simple and fun way to understand and teach others about consent.